

## September Menu

**Parrsboro Elem/ Jr/Sr High – Menu (Sept 6 – Sept 28)**

**Meals include 250 ml white milk.**

**Cheques made payable to Cumberland Schools Catering Society.**

	Monday	Tuesday	Wednesday	Thursday	Friday
Special \$5.00				6 Hot Chicken Burger with Veggies	7 Taco Pizza with Salad
Special \$5.00	10 Chicken with Rice & Veggies	11 Mozza Burger with Salad	12 Chicken Caesar Wrap with Salad	13 Lasagna with Garlic Bread & Salad	14 Chicken Nuggets with Fries & Veggies
Special \$5.00	17 Mac & Cheese with Salad	18 Taco with Veggies	19 Ham & Cheese Panini with Veggies	20 Pancakes with Fruit	21 BBQ Chicken Pizza with Veggies
Special \$5.00	24 Chicken with Rice & Veggies	25 Goulash with Salad	26 Chicken Soup with Biscuit	27 In-service No Classes	28 Grilled Cheese with Tomato Soup